

This CPD seminar entitles you to 1 formal CPD point. Please be aware you are required to manage your own CPD records. We will provide you with your participation certificate and CPD evaluation based on our attendance records post event and your completion of the below questionnaire.

**The below answer sheet is for your own self-assessment.
Please keep your completed questionnaires and answers on file for your record.
These do not need to be sent to the AIA or to CPD Live.
CPD Live will send you a Refuel certificate.**

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1. What is Wellbeing?

d) All of the above

2. What percentage of our time do we spend indoors?

c) 90%

3. The definition of biophilia is:

b) Human's innate connection with nature

4. The WELL Building Standard Version 2 is structured around which of the following concepts?

d) All of the above

5. What material was recognised as the top choice of the Planet Ark survey?

d) Wood

6. Indoor air quality is affected by:

d) All of the above



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